



**Autism Alliance SoCal**  
Building Meaningful Lives

## *Friendships on the Spectrum IN ACTION!*

In-person workshop series for Young Adults on  
the Autism Spectrum  
(18 years of age and older)

**New participants** will be introduced to  
pickleball sport and to new friends.

**Returning participants** will learn new skills and  
reconnect with friends.



Each in-person session is action driven to coach hands-on participants on forming and maintaining a Friendship. Workshop is for young adults 18 years of age and over who are eager to make new friends and learn or enhance skills playing pickleball. Workshop will include modeling and coaching friendship basics and essentials that include:

- Starting and Maintaining Reciprocal Conversation
- Learning to Connect around mutual interests
- Understanding Verbal and Non-verbal Social Cues
- Knowing when You are NOT Connecting with Someone
- Establishing mutual Consent on Maintaining Contact
- Managing Disagreement
- Using Social Media in a respectful manner
- Working in a Team
- Learning Sportsmanship

**Andy Jung, MA**, will be facilitating the workshop sessions. He is an LMFT (Licensed Marriage and Family Therapist) with a Masters in Counseling Psychology from the University of San Francisco. Andy has been dedicated to individual counseling, parent support and social skills training for children, teens, young adults on the autism spectrum and other developmental disabilities for over 10 years.



**Sunday Afternoon Workshop Series  
Dates and Times for March 2026**

**Session 1: March 8th -1:00 pm to 2:30 pm**  
**Session 2: March 15th -1:00 pm to 2:30 pm**  
**Session 3: March 22nd- 1:00 pm to 2:30 pm**  
**Session 4: March 29th - 1:00 pm to 2:30 pm**

Social skills sessions will be held on the Pickleball Court with instructors that will conduct team warm up exercises to introduce social connection to participants with and without any prior experience with a sport. The sessions will include neurotypical peers to model social interactions,  
teamwork and sportsmanship.

**Location: Burbank Tennis Center**  
**249 E. Amherst Drive**  
**Burbank, CA 91504**

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**Space is Limited to 20 Participants.**

**Email [info@autismsocal.org](mailto:info@autismsocal.org)**  
**or Text (818) 662-8847 to REGISTER**

**Flat Fee of \$400.00 for the four-part workshop series.**

The workshop series is vendored by Lanterman Regional Center (LRC). Inquire with your Regional Center Service Coordinator. It may be available to clients of other Regional Centers as well.

**LRC: Vendor# PD3625 - Subcode 10PG**  
**ELARC: same vendor number -Subcode SRA10**



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