



Autism Alliance SoCal
Building Meaningful Lives

Friendships on the Spectrum IN ACTION!

In-person workshop series for Young Adults on the Autism Spectrum (18 years of age and older)

New participants will be introduced to pickleball sport and to new friends.

Returning participants will learn new skills and reconnect with friends.



Each in-person session is action driven to coach hands-on participants on forming and maintaining a Friendship. Workshop is for young adults 18 years of age and over who are eager to make new friends and learn or enhance skills playing pickleball. Workshop will include modeling and coaching friendship basics and essentials that include:

- Starting and Maintaining Reciprocal Conversation
- Learning to Connect around mutual interests
- Understanding Verbal and Non-verbal Social Cues
- Knowing when You are NOT Connecting with Someone
- Establishing mutual Consent on Maintaining Contact
- Managing Disagreement
- Using Social Media in a respectful manner
- Working in a Team
- Learning Sportsmanship

Andy Jung, MA, will be facilitating the workshop sessions. He is an LMFT (Licensed Marriage and Family Therapist) with a Masters in Counseling Psychology from the University of San Francisco. Andy has been dedicated to individual counseling, parent support and social skills training for children, teens, young adults on the autism spectrum and other developmental disabilities for over 10 years.



Sunday Afternoon Workshop Series Dates and Times

Session 1: September 14th -2:00 pm to 3:30 pm
Session 2: September 21st -2:00 pm to 3:30 pm
Session 3: September 28th- 2:00 pm to 3:30 pm
Session 4: October 5th - 2:00 pm to 3:30 pm

Social skills sessions will be held on the Pickleball Court with instructors that will conduct team warm up exercises to introduce social connection to participants with and without any prior experience with a sport. The sessions will include neurotypical peers to model social interactions, teamwork and sportsmanship.

Location: Burbank Tennis Center
249 E. Amherst Drive
Burbank, CA 91504

Space is Limited to 20 Participants.

Email info@autismsocal.org
or Text (818) 662-8847 to REGISTER

Flat Fee of \$400.00 for the four-part workshop series.

The workshop series is vendored by Lanterman Regional Center. Inquire with your Regional Center Service Coordinator. It may be available to clients of other Regional Centers as well.

Vendor# PD3625 - Subcode 10PG

